Practicing On Your Own

* Maintain a routine
	+ (remember it may be affected by other things—compensate!!)
* Follow through on lesson points
* Self-evaluate:
	+ posture? pitch? (🡨 intonation)
	+ use of time? amount of time?
* Prioritize:
	+ Review: esp. for all posture issues
	+ Tonalization:
		- Do you set, then pull?
		- Are your fingers thinking ahead by one note?
		- Is your bowing smooth? Seamless??
	+ Spot Practices: repetitions repetitions **repetitions** *w/purpose!!!!*
		- Count repetitions like this: |||| |||| ||||
		- Practice [*spot practice*] places LONG after you think you’ve got it
	+ Current Piece: Do you start at the beginning and play through?
		- Should you? When you make a mistake do you always go back to the beginning or can you keep going right where you are?
		- Game: Try starting in various different places throughout the piece. What do you notice?
* Other Ideas:
	+ Video/Record yourself and watch it/listen to it
		- What’s really good? Needs improvement? Is a surprise?!
	+ Have a home concert
	+ Have a neighborhood recital
	+ Have a studio party!
	+ Call another friend from our studio and practice together:
		- Are you on the same piece? Don’t need to be!!
		- What’s hard for one and not for the other?
		- Can they commiserate about things they both struggle with?
		- Can you play duets together?