Practicing On Your Own

* Maintain a routine
  + (remember it may be affected by other things—compensate!!)
* Follow through on lesson points
* Self-evaluate:
  + posture? pitch? (🡨 intonation)
  + use of time? amount of time?
* Prioritize:
  + Review: esp. for all posture issues
  + Tonalization:
    - Do you set, then pull?
    - Are your fingers thinking ahead by one note?
    - Is your bowing smooth? Seamless??
  + Spot Practices: repetitions repetitions **repetitions** *w/purpose!!!!*
    - Count repetitions like this: |||| |||| ||||
    - Practice [*spot practice*] places LONG after you think you’ve got it
  + Current Piece: Do you start at the beginning and play through?
    - Should you? When you make a mistake do you always go back to the beginning or can you keep going right where you are?
    - Game: Try starting in various different places throughout the piece. What do you notice?
* Other Ideas:
  + Video/Record yourself and watch it/listen to it
    - What’s really good? Needs improvement? Is a surprise?!
  + Have a home concert
  + Have a neighborhood recital
  + Have a studio party!
  + Call another friend from our studio and practice together:
    - Are you on the same piece? Don’t need to be!!
    - What’s hard for one and not for the other?
    - Can they commiserate about things they both struggle with?
    - Can you play duets together?